



SLEEP CON 2016

Under the Aegis of INDIAN SLEEP DISORDERS ASSOCIATION



WORKSHOP ON RECENT ADVANCES IN THE DIAGNOSIS & MANAGEMENT OF SLEEP DISORDERED BREATHING (SDB)

- ❖ Diagnosis & scoring of SDB
- ❖ Portable Sleep Studies
- ❖ Pathogenesis of OSA
- ❖ Evaluation
- ❖ Management of SDB including adherence of CPAP
- ❖ Management of CSA

Discussion by Sleep Physicians of repute on
19th April, 2019
India Habitat Centre
New Delhi: 9.00 AM to 4.00 PM



Prof J C Suri

Course Director
CHAIRMAN

MEDEOR JCS INSTITUTE OF PULMONARY, CRITICAL CARE & SLEEP MEDICINE
B-33-34, QUTAB INSTITUTIONAL AREA, NEW DELHI

For registration please visit: www.isda.co.in

CONFERENCE SECRETARIAT

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| Time | Topic | Speaker | |
|--|--|---|---|
| 09.00-09.25 | Diagnosis of sleep disordered breathing – Updated AASM guidelines for use of sensors and scoring of respiratory events. What is new? | Dr Dipti Gothi | |
| 09.25-09.50 | Portable monitoring, including newer wearable devices for the diagnosis of SDB | Dr M K Sen | |
| 09.50-10.15 | Phenotypes of OSA- how to evaluate in the Sleep Laboratory | Dr Robert Thomas | |
| 10.15-10.40 | Evaluation and management of SDB with dental devices | Dr B Jayan | |
| 10.40-11.05 | Role of Apnoea graph and DICE in OSA evaluation | Dr Sandeep Sandhu | |
| 11.05-11.25 | Tea | | |
| 11.25-11.50 | Positive pressure therapy for SDB – practical issues including selection of modes | Dr Deepak Srivastava | |
| 11.50-12.15 | Management of CSA – Practical issues | Dr Robert Thomas | |
| 12.15-12.40 | How to provide NIV in patients with OHS, Overlap syndrome and Neuromuscular disorders | Dr J C Suri | |
| 12.40-13.05 | How to improve CPAP adherence | Dr Jyotsna Joshi | |
| 13.05 – 14.00 | Lunch | | |
| 14.00-16.00 | Hands on workshop | | |
| Batch A | Batch B | Batch C | Batch D |
| Demonstration of PAP devices Dr Ayush Gupta | Demonstration of PAP interfaces Dr M K Sen | How to interpret a sleep study – Report generation and recommendations Dr J C Suri | Demonstration of Oro-dental devices for the management of SDB Dr B Jayan |